## Pedicure Lounge

### **Petit Pedi**

40 mins \$59

Relax in a milk foot bath. This mini treat consists of a toenail file, buff, cuticles tidied, foot massage & nails polished using Gloss & Co polish or gel.

### **Petit Mani**

40 mins \$59

Relax with a file, buff, cuticles tidied, hand massage & nails polished using Gloss & Co polish or gel.

### **Paradise Pedicure**

50 mins \$79

Using a Pure Fiji milk foot bath, your feet and lower legs will be rhythmically cleansed and exfoliated. Your toenails clipped, filed and buffed. Cuticles neatened, heels buffed and a soothing massage performed. Nails painted using Gloss & Co polish or gel.

### **Paradise Manicure**

50 mins \$79

Using warm towels your hands and arms will be rhythmically cleansed and exfoliated. Nails clipped, filed and buffed, cuticles neatened. A flowing massage is performed and nails meticulously painted using Gloss & Co polish or gel.

### Brows & Lashes

Eyebrow Shape - \$22 Eyebrow Tint - \$22 Eyelash Tint - \$25 Brow Package - \$60 (Eyebrow shape & tint, eyelash tint) Henna Brow Tint and brow dye only - \$35 Brow Stain & Brow Wax - \$50

### Spray Tan - \$40

Using Naked Tanning Solution



### Visit us

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sirene\_spa









## Massage

### **Aromatherapy Wellness Massage**

\$120 - 60 minutes

\$60 - 30 minutes

Using pure essential oils to correspond with your mind, body and soul's needs our massage therapists will have you in a meditative state, floating out of the spa with positive energy for the day ahead.

### **Paradise Stone Massage**

\$140 - 60 minutes

Using warm Pure Fiji Oil and hot stones, this rhythmic, relaxing massage will ease your tired muscles and melt away any pain.

### **Swedish Massage**

\$110 - 50 minutes

\$90 - 45 minutes

\$60 - 30 minutes

Using a combination of movements - this full body massage with medium or lighter pressure will assist in pain management, increased circulation and flexibility as well as reduce stress. A must have treat to start your holiday!

### **Deep Tissue Therapeutic Massage**

\$120 - 60 minutes

This deep tissue style massage focuses on ridding tension, knots, aiding in better circulation, pain relief and overall wellness of the body.

### Fijian Scalp Massage

\$35 - 15 minutes

This decadent scalp massage is a must have! Warm Pure Fiji Oil is slowly poured over your hair and scalp to treat and nourish. The luxurious oil is massaged into the scalp and neck doubling as a hair treatment. Relieving headaches, tension and aiding in deep relaxation.

### Infra-red Sauna & Spa Session

\$39 - 40 minutes

\$150 for 6 sessions

Detoxify your body, experience exceptional muscle recovery, joint and muscle pain relief ,fights chronic fatigue, improves skin tone and more. Best before or after a treatment, water and herbal tea provided.

## Spaceuticals Facials

#### **Petit Power Facial**

\$70 - 35 minutes

Double steam towel cleanse, exfoliation, tone, facial/neck/shoulder massage with face mask, moisture and serum application. Bliss!

### **Rose Quartz Spa Facial**

\$120 - 60 minutes

\$160 - 1hr 20 including LED therapy

A luxurious facial targeting firmness and hydration. With a nurturing infusion of pure rose oils, crushed quartz and crystal essences to intensify skin transformation. Double steam cleanse, AHA exfoliation, extractions, soothing facial, neck and shoulder massage and treatment mask.

## Advanced Spa Facials

### **AHA Peel OR Enzyme Peel**

\$70 - 30 minutes

\$120 - 60 minutes including massage and jelly mask

Perfect for dull, tired, dehydrated,

scarred, prematurely ageing and pigmented skin types. A skin analysis is performed, double cleanse, AHA fruit peel or Enzyme peel applied to the face to reveal new healthy luminous skin. Serums and moisturisers are then applied to cool, soothe and hydrate the skin providing instant results.

### **LED Skin Therapy & Microdermabrasion**

\$70 - 30 minutes

\$120 - 60 minutes inlcuding hand and scalp massage This advanced LED light therapy is a deeply relaxing advanced skin treatment targeting fine lines/wrinkles and stimulating collagen production to rejuvenate the skin leaving it dewy and plump. The perfect pick me up including a cleanse, exfoliation, tone, enzyme peel, serums and moisturiser.

## **Body Treatments**

### Pure Fiji Sugar Glow

\$140 - 1 hr 15 min

A full body exfoliation using a decadent mix of exotic oil and sugar cane leaving your skin feeling smooth, hydrated and glowing. Your choice of coconut/mango/guava body butter is moisturised/massaged into the skin to finish.

### **Champagne Sugar Smoother**

\$140 - 1 hr 15 min

This deeply exfoliating spa ritual effectively buffs the entire body revealing a silky smooth hydrated finish. Using Vanilla Bean Body Balm to combat uneven skin tone while locking in moisture from head to toe.

### **Body Wrap Ritual**

\$210 - 1.5 hours

Relax and revitalise your skin with a full body exfoliation you are then wrapped in a French white clay hydrating body mask - releasing nutrients into the skin to reveal luminous skin. A relaxing massage using your choice of body butter is performed to leave you feeling energised after a warm shower.

# Spa Journey

### **Paradise Package**

\$160 - allow 1.5 hours

Float away with a Petit Power Facial, Fijian Scalp Massage and Petit Pedi. This is the ultimate treat from head to toe!

### **Soul Food Package**

\$249 - allow 2 hours

Indulge in the finest spa experience with a Rose Quartz Spa Facial, your choice of either a back massage or Fijian Scalp massage, lash tint and a Paradise Pedicure to finish - in the pedicure lounge.

#### Zen at Sirène

\$299 - allow 2.5 hours includes complimentary sauna. Experience our Signature Package treating you to a Champagne Sugar Smoother or Sugar Glow as well as a full body aromatherapy massage and Petit Power Facial. This package will leave you in a state of total relaxed bliss.